



Camping Core Essentials Checklist for All Campers

- ☐ Tent or shelter with stakes, guylines, and a ground cloth or footprint
- ☐ Sleeping bag rated for the temperature, plus a sleeping pad and a compact pillow
- ☐ Headlamp with extra batteries and a backup flashlight
- ☐ First-aid supplies, personal medications, and blister treatment items
- ☐ Water jugs or bottles/reservoirs (plan for 2–3L per person per day)
- ☐ Water purification tabs, filter, or purifier if clean water isn't available
- ☐ Camp stove or grill with fuel/propane, lighter, and waterproof matches
- ☐ Pots/pans, utensils, plate or bowl, mug, knife, and a small cutting board
- ☐ Food storage system (dry box, bear canister, or hanging kit) and trash bags
- ☐ Multi-tool, patch or repair tape, cord or paracord, and spare buckles
- ☐ Navigation tools: offline-capable map/app, compass, and power bank
- ☐ Sunscreen, lip protection, bug spray, and itch or bite relief
- ☐ Bathroom kit: hand sanitizer, toilet paper, zip bags, and trowel if needed
- ☐ Wallet items: cash, ID, permits, insurance info, and park pass